

# Are you up-to-date with colon cancer screening?

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Colon cancer screening  
is recommended for  
men and women, ages  
50-74, every 2 years

[hnhbscreenforlife.ca](http://hnhbscreenforlife.ca)



Hamilton Niagara Haldimand  
Brant Regional Cancer Program  
in partnership with Cancer Care Ontario



Colon cancer is a leading cause of cancer death for men in Ontario.

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It doesn't have to be this way. Screening can catch signs of cancer early, when it's easier to treat. When caught early, 9 out of every 10 people with colon cancer can be cured.



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Check for signs of colon cancer

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Ask your healthcare provider about a free, easy at-home test to screen for signs of colon cancer.



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